

# **SPA TIME**

Book time and prepare your own spa journey and selection of treatments with our Spa Specialist.

20' - \$165.000 COP | 50' - \$236.000 COP | 80' - \$340.000 COP | 110' - \$421.000 COP

# À LA CARTE

### **MAIN DISHES**

### **SIGNATURE TREATMENTS**

### **SO REJUVENATING - 50'**

A refreshing and tasteful facial care. Honey and cucumber are combined harmoniously with the best of French technique to revitalize and bring back youth to your skin.

### **SO EXHILARATING - 50'**

An euphoric and soothing body massage, combining a rocking and tasteful experience that will shape and tone up your silhouette.

### **SO LIFE RITUAL - 50' - 80'**

A detoxifying and energizing body ritual, which brings energy, vitality and harmonizes the structure of the body providing smoothness, eliminates tension and reactivates natural regeneration.

### **STARTERS**

### "MOJITO" REFLEXOLOGY - 20'

Our WINNER among tired travellers!! Allow your entire body to feel the reflex benefits of a feet massage, with the combination of the Carebean flavors.

### **MERMELADE SCRUB - 20'**

This scrub provides a vital stimulation for all cell regeneration, preparing skin to the perfect Caribbean tan. Pick between our Colombian favors: Cocoa & Coffee, Brown Sugar & Lemon or Lemongrass & Coconut.

# **ACUPRESSURE "CONSOMÉ" - 20'**

Choose a specific area for your body massage, for relief of pain and strain.

### **MAIN DISHES**

# **DEEP FACIAL CLEANSING - 80'**

We combine deep cleansing with purifying effects to detox and repair blemished pores while encouraging your skin to remain healthy and vibrant. (Includes extractions)

### **RELAXING AROMA MASSAGE - 50' - 80'**

Choose your SoSPA blend of aromatic essential oils for a full and calming body massage. Relaxation will come by smooth and gliding strokes, light pressure and all the benefits of aromatherapy.

# **DEEP TISSUE MASSAGE - 80'**

Very similar to a Swedish massage but with more pressure, this excellent deeper body work will help you release muscle tension and "untangle unwanted knots".

# **HOT & COLD STONES - 80'**

Body and face are energized with the use of hot and cold stones inspired in lomi-lomi rituals. This treatment will melt tension away as well as providing a firming and toning effect.

#### **SO MAMMA - 50'- 80'**

Relaxing and hydrating massage for the future mummy.

### **DIVINE WARM HERBS RITUAL - 80'**

Exclusive face and body massage with warm herbal sachet pads. It will deeply relax all of your senses and unblock the energy of your meridians

### **ETHNIC FUSION - 80'**

An authentic massage conceived from a variety of techniques from 5 different ethnic cultures. Relieves muscular tension, stress, harmonises breathing and digestion guiding you to ultimate relaxation.

#### **DESSERTS**

# TIRAMISÚ WRAPS (CHOCOLATE OR COFFEE) - 20'

Pick chocolate for a sensorial happy experience or coffee for an energizing and revigorating detox treatment. Both will nourish, moisturize and hydrate your skin.

# **VOLCANIC MUD WRAP - 20'**

Embrace the Colombian purifying and cleanse tradition of a full body volcanic mud wrap.

# SIDE DISHES Add up to any of your dishes!

### HIDRATING AROMA "YUMMY" BATH - 20' - \$95.000 COP

This therapeutic bath will harmonize you through each one of the 5 senses!

### **LUSH NAIL BUFFING - 45' - \$70.000 COP**

Give your nails a perfect polish with our luxurious color change.

# EXPRESS FACIAL MASK - 15' - \$70.000 COP

During the ritual of your choice moisturize, illuminate or care the most especial part of your body.

### **EXPRESS EYE MASK - 15' - \$70.000 COP**

Put eye puffiness at ease and bring youth and luminosity to your look.



# **SPECIALS BY SISLEY**

Enjoy specialized care of your face and body with Sisley Paris and its full range of phyto-aromatic products, which meet the needs of every skin type, providing an experience of comfort and luxury.

20' - \$190.000 COP | 50' - \$275.000 COP | 80' - \$380.000 COP

FACE BODY

### **EXPRESS FACIAL SISLEY - 20'**

Quick hidration to your skin with the quality and eficency of Sisley Express Treatment.

### **EXPERT PHYTO-AROMATIC FACIAL - 50'**

A tailored made facial will meet the exact need of your skin, with exclusive phytoaromatic synergies from Sisley. Purification, hydration and youth, especially for men, repair, brightness, extreme comfort. What is your ideal emphasis?

# **SUPREMYA EYES FACIAL - 50'**

Concentrated in the delicate area of the eye contour, it restores youthfulness by combating the accumulated tiredness, minimizes the lines of expression, returning tonicity and firmness to your eyes.

#### **ANTI AGE PHYTO-AROMATIC - 80'**

Intensive anti-aging treatment, with specific emphasis for normal, mixed and oily, dry and extra dry skin, early wrinkles and intensive hydrating.

## PHYTO-AROMATIC SUPREME MUSCULAR MASSAGE - 80'

Facial with specialized techniques of stimulation of facial muscles to reduce wrinkles, treat the skin tone and glow.

### PHYTO-AROMATIC SISLEYUM FOR MEN - 80'

Anti-aging treatment tailored specifically for male skin: softening, firming, moisturizing and anti-fatigue.

## **BLACK ROSE RITUAL - 80'**

A complete regenerating face treatment, for a moment of relaxation and unique pleasure. Provides a revitalizing effect for the skin, which is charged of energy, rejuvenated and smoothed.

# **LUXURY SISLEY MAKEUP - 60'**

Look beautiful at any time of day! Express Cleansing + Beauty Techniques + Makeup session.

# ZEN HARMONY - 50' - 80'

The Zen Harmony Massage by Sisley will allow you to discover a journey to the heart through a Californian massage for the body, with a japanese foot ritual all combined with the excelence of Sisley's pure botanical oils.

### "ONE SHOT" PHYTOSVELT MASSAGE - 80'

In a "shot" you will get well-being through the latest molding techniques that improve circulation, reduce inflammation and fluid retention, helping detoxify your body and improve blood circulation.

# 1, 2,3... SLIMMING SISLEY RITUAL - \$715.000 COP

Ritual of 3 steps in 3 consecutive days, designed to achieve the specific goal of global slimming: 1st day: A very effective detox with a phytoaromatic ritual and exfoliation.

2nd day: activate circulation with heat/cold and exclusive draining techniques.

3rd day: An exfoliation is followed by an energizing and sculpting massage, to help eliminate cellulite at a deeper level and preventing its reappearance.

# LUXURY HANDS OR FEET - 70' - \$124.000 COP LUXURY HANDS AND FEET - 120' - \$220.000 COP

Hands or feet will be treated as the most privileged part of your body!





# **MENU SUGGESTIONS**

### THE WORLD'S BEST

### **VITALITY MASSAGE - 80' - \$350.000 COP**

Restores vitality and rebalance your body through miofacial and ayurvedic technique. This ritual includes exfoliation, relaxing massage and wrapping.

### PEPPER RITUAL - 80' - \$350.000 COP

A complete body massage with exfoliation combined with a massage to relax and revitalize with the effects of white pepper.

# RITUAL ORIENTAL SPICES - 50' - \$236.000 COP

Ritual revitalizing oriental inspiration, including exfoliation with gommage of ginger and cinnamon, and a nutritious and enriched massage with pindas of perfumed spices.

### **LEGENDARY WELLNESS**

### JUST THE TWO OF US - 110' - \$410.000

"Open your mind and senses; share a unique experience as a couple. Includes: hamman, hydrotherapy bath, mini facial and our SoSPA signature body massage...So Exhilarating"

## PEARL OF THE BRIDE RITUAL - 4h20' - \$830.000 COP

Beauty and relaxation ritual that will make you fell radiant for the special occasion.

Includes: Hammam, body exfoliation, Body massage, Soothing facial, moisturizing cleopatra's bath and spa luxury hands and feet.

## LEGENDARY EMERALD RITUAL - 2h20' - \$595.000 COP

Surrender to a unique energetic experience embracing all the benefits of the Colombian Emerald: Allow your body to standout in the splendor of the mother of all gems and enjoy the following treatment:

Precious stones body scrub - 30' / Aromatic Pinda's bath - 30' Relaxing Massage - 60' / Facial Care – 30'

### **PACKAGES**

### **HAMMAM DELIGHT**

Relaxing and detoxifying ritual at the Steam Room.

20' - \$88.000 COP: Black Soap Exfoliation.

**50' - \$226.000 COP**: Black Soap Exfoliation+Massage with Argan Oil.

**80' - \$305.000 COP**: EBlack Soap Exfoliation + Massage with Argan Oil and Rhassoul Body Wrap.

### **GET TOGETHER - 110' - \$365.000 COP**

To share and celebrate with a unique event that everyone will appreciate and remember! Birthdays, anniversaries, bachelor or bachelorette, parties and corporate incentives. (minimum of 5 people is required)

30' - Hammam / 20' - Body Scrub

50' - Relaxing Massage with Warm Oils

### CLASSIC DAY SPA - 2h20' - \$465.000 COP

Enjoy a complete experience; during 150' you will receive the following treatments:

Entrada 45 ': Hammam experience with black soap exfoliation 60': \*Pick a body or face treatment

45 ': Special Manicure or Pedicure. Free access to the pool, Jacuzzi and fitness. \*Sisley treatments are not included.

# D-TOX RITUAL - 80' - \$350.000 COP

A complete ritual to detoxifying you inside and out! Enjoy the benefits of the Flow Massage and the Torba Wrap, without leaving aside a session in the Hammam accompanied by a Green Power Smoothie!

# **WAXING**

Ask our specialist for waxing service.





# **IN ROOM MASSAGE**

Check with the So Spa Reception, the availability and conditions of this exclusive service in the comfort of your room.

9:00 a.m. to 12:00 p.m. 50' - \$285.000 80' - \$385.000 12:30 to 4:00 p.m. 60' - \$315.000 90' - \$440.000 4:30 to 8:00 p.m. 60' - \$360.000 90' - \$505.000

# **SO SPA ETHICS**

For the courtesy of our guests, all mobile phones and electronic devices must be off / quietly within the spa facilities.

For the comfort and privacy of other Spa guests, photography is strictly prohibited and noise levels should be kept to a minimum.

The consumption of alcohol within the facilities of the Spa is strictly prohibited.

Consumption of alcohol is not recommended before any spa treatment.

SO SPA is a non-smoking environment.

\* Therefore, SO SPA reserves the right to deny entry to any person who is in breach of our rules and regulations or whose behavior is offensive to other users / guests / employees or that presents a health and safety problem.

## **SPECIAL CONSIDERATIONS**

Your health and safety comes first. Please help us to provide you with the best possible spa experience by completing the guest inquiry form.

Hotel guests are welcome to visit the spa dressed in their robe and slippers.

# **HEALTHY CONDITIONS**

All treatments and services will have different effects on the individual. Please let us know of any health conditions, allergies or injuries when making your Spa reservation.





# **HEALTHY MENU**

<b>Trilogy of ceviches</b> Farándula of Fish and shrimp ceviches	\$36.000
Panini of Vegetables Hot sandwich stuffed with vegetables	\$40.000
Ham Panini Hot ham and mozzarella sandwich	\$44.000
Beef Kabobs Grilled mini kebabs with vegetable chips	\$60.000
Fish Kebabs Mini skewers of grilled fish with vegetable chips	\$60.000
Vegetable sticks and assortment of yogurt dips with cilantro and curry	\$33.000
Gourmant Coffee Declining Parisian pastry	\$20.000
Rising Sun Carrot, orange juice, tree tomatoes, mint	\$18.000
Reborn Cucumber, Spinach, Lemon	\$18.000
New Day Green apple, cabbage, celery, jalapeño	\$18.000
Wake Up Beetroot, Ginger, Lemon, Honey	\$18.000
Protein Shake  Vanilla or natural flavored protein shake like tropical fruits like curuba, kiwi and passion fruit	\$25.000





#### **GIFT CERTIFICATE**

A chic and refined gift that suits every occasion. Offer from one hour to an entire day of wellbeing. The So SPA team is at your disposal for any information or purchase.

#### **RESERVATIONS**

Bookings made directly with SoSPA are guaranteed by signing of a reservation. Bookings made by external guests directly with SoSPA may be secured by a credit card or cash payment.

### **ARRIVAL AT SO SPA**

We encourage you to arrive at SoSPA 20 minutes before your scheduled treatment. You will be able to enjoy the relaxation areas afterwards. You will be supplied with dressing gown, towels and flip flops. A private locker is provided for your personal belongings.

### **CANCELLATION POLICY**

We value your business and appreciate your cooperation with our cancellation policy.

Cancellation less than 4 hours in advance will incur a 50% penalty. A "no show" will be charged to the total value of the scheduled treatment.

\* Please note that being late for a service may require that we shorten the duration of treatment, with all charges applied. We regret that late arrivals do not receive an extension of scheduled appointments.

# **REFUND POLICY**

Purchases made are non-refundable.

# **TIP WARNING**

Consumers are advised that this establishment suggests to consumers a tip corresponding to 10% of the value of the account, which may be accepted, rejected or modified by you, according to your assessment of the service provided. At the moment of requesting the account, indicate to the person who attends you if you want this value to be included in the invoice or indicate the value that you want to give as a tip. In this commercial establishment, the money collected by way of gratuity is allocated as follows: 98% for workers and 2% for replacement.

In case you have any inconvenience with the collection of the gratuity, contact the hotline of the Superintendency of Industry and Commerce to indicate your complaint to the telephones: in Bogotá, 6513240, for the rest of the country free national line: 018000-91-0165, to file your complaint.

